



2019 - 2021 CME Cycle

American Osteopathic Board of Family Physicians (AOBFP)

American Osteopathic Board of Family Practice diplomates with at least one specialty certification participating in OCC must earn a minimum of 120 CME credits. 30 credits must be AOA Category 1A, an additional 30 credits can be either AOA Category 1A or 1B. The remaining 60 required credits are flexible, e.g. 60 out of the total required 120 credits can be either AOA Category 1A, 1B, 2A, 2B or AAFP credits. Thus, these credits may include AAFP or ACCME accredited activities as defined by the AOA CME Guide. Physicians entering the program in mid-cycle should review Appendix A of the 2019-2021 CME Guide for additional information. Please contact the AOA Customer Resource Center (CRC) at (312) 202-8000 or email memberservice@osteopathic.org (mailto:memberservice@osteopathic.org) for general CME-related questions. For questions regarding AOBFP OCC requirements or other AOBFP information, please contact AOBFP at 312-202-8477 or email aobfp@osteopathic.org (mailto:aobfp@osteopathic.org).

Board Requirements	Credits Required	Credits Applied	Credits Needed	Requirements Fulfilled
<i>Family Medicine (FP) - Issued: 11/05/1999 -- Active, Participating in OCC</i>				
<i>Osteopathic Manipulative Treatment-FP (OMFP) - Issued: 11/05/1999 -- Active, Participating in OCC</i>				
Total CME Requirements	120.00	120.75	0.00	Yes
Category 1	60.00	63.75	0.00	Yes
Category 1A	30.00	63.75	0.00	Yes
Category 2 (AOBFP diplomates can apply a maximum of 60 Category 2A/2B credits toward OCC requirements per 3-year-cycle)	NA	57.00	NA	NA

American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM)

American Osteopathic Board of Neuromusculoskeletal Medicine diplomates with at least one specialty certification participating in OCC must earn a minimum of 60 CME credits, including a minimum of 30 credits of AOA Category 1-A CME. Non-time-limited diplomates not participating in OCC must earn a minimum of 120 CME Credits, including a minimum of 60 credits of AOA Category 1-A CME.

Physicians entering the program in mid-cycle should review Appendix A of the 2019-2021 CME Guide for additional information.

Please contact the AOA Customer Resource Center (CRC) at (312) 202-8000 or email memberservice@osteopathic.org (mailto:memberservice@osteopathic.org) for general CME-related questions. For questions regarding AOBNMM OCC requirements or other AOBNMM information, please contact AOBNMM at 312-202-8223 or email aobnmm@osteopathic.org (mailto:aobnmm@osteopathic.org).

Please see the CME Details below to view how reported CME activities were applied to this requirement.

Board Requirements	Credits Required	Credits Applied	Credits Needed	Requirements Fulfilled
<i>Neuromusculoskeletal Med/OMM (NMO) - Issued: 04/24/2003 -- Active, Participating in OCC</i>				
Total CME Requirements	60.00	105.75	0.00	Yes
Category 1A	30.00	63.75	0.00	Yes

CME Details

CREDITS REPORTED TO AOA			CREDITS SUBMITTED	CREDITS APPLIED	
Completion Date	Activity Name and CME Sponsor/Provider	Credit Type	CME	AOBFP	AOBNMM

10/24/2019	2019 OMED Boot Camp <i>American College of Osteopathic Family Physicians</i>	1A	4.00	4.00	4.00
10/26/2019	OMED 2019 ACOFP/Cleveland Clinic Joint Session <i>Council of OMED</i>	1A	6.50	6.50	6.50
10/26/2019	OMED 2019 Unified Program: Maximizing Medicine Through Your Career Path <i>Council of OMED</i>	1A	5.00	5.00	5.00
10/28/2019	OMED 2019 Didactic Sessions <i>Council of OMED</i>	1A	15.50	15.50	15.50
10/28/2019	OMED 2019 Opening General Session and Award Ceremony - Featuring Mick Ebeling <i>Council of OMED</i>	1A	1.00	1.00	1.00
12/07/2019	OMM Key Essentials <i>Rowan-Virtua School of Osteopathic Medicine</i>	1A	5.00	5.00	5.00
04/10/2020	Osteopathic Manipulative Medicine (OMM) Techniques Addressing Respiratory Symptoms of COVID-19 <i>Council of OMED</i>	1B	1.00	1.00	1.00
05/04/2020	Total Member Involvement Collaboration for Wellness <i>The University of Arizona College of Medicine - Tucson</i>	2A	8.00	8.00	8.00
05/17/2020	Frontline Perspectives On Treating COVID-19 Patients Using OMM <i>Council of OMED</i> CME Rule(s): Medical Journal / Home Study Course	1B	0.75	0.75	0.75
06/28/2020	PCOM Virtual Family Medicine Seminar <i>Philadelphia College of Osteopathic Medicine</i>	1A	20.00	20.00	20.00
07/22/2020	Growing Pains and Limb Alignment: What's OK and What's Not <i>Atlantic Health System</i>	2A	1.00	1.00	1.00
08/12/2020	Ouch! My Foot Hurts! Top 5 Painful Foot and Ankle Conditions for the Primary Care Practitioner <i>Atlantic Health System</i>	2A	1.00	1.00	1.00
09/16/2020	5 Pediatric Orthopedic Conditions Not to Miss as a Primary Care Practitioner <i>Atlantic Health System</i>	2A	1.00	1.00	1.00
10/03/2020	Building Pathways - Key Essentials <i>Rowan-Virtua School of Osteopathic Medicine</i>	1A	2.00	2.00	2.00
10/03/2020	OMM - Key Essentials <i>Rowan-Virtua School of Osteopathic Medicine</i>	1A	3.00	3.00	3.00
10/10/2020	2020 Pennsylvania Medical Licensure Program Section: Child Abuse, Recognition and Reporting in PA Prescriber Education for Opioid Analgesics, Suicide Assessment & Prevention, Preventing Clinician Burnout <i>Informed</i> CME Rule(s): Medical Journal / Home Study Course State Requirement - Child abuse	2B	16.00	16.00	15.00
11/14/2020	19th Annual Diabetes Symposium <i>PennState College of Medicine</i>	2A	3.00	3.00	3.00
05/21/2021	Innovations: Best Practices in Ambulatory Care <i>PennState College of Medicine</i>	2A	5.00	5.00	5.00
07/14/2021	The Throwing Athlete <i>Atlantic Health System</i>	2A	1.00	1.00	1.00
09/24/2021	Clinician Update: Current Care of the Bariatric Patient <i>PennState College of Medicine</i>	2A	3.00	3.00	3.00
09/29/2021	Knees and Hips Don't Lie <i>Atlantic Health Systems</i>	2A	1.00	1.00	1.00
11/02/2021	Taking the mystery out of lower back pain <i>Atlantic Health Systems</i>	2A	1.00	1.00	1.00
11/09/2021	Adult hip and knee pain <i>Atlantic Health Systems</i>	2A	1.00	1.00	1.00
11/09/2021	Heart failure <i>Medscape, LLC</i> CME Rule(s): Medical Journal / Home Study Course	2B	3.00	3.00	0
11/30/2021	Get back in the Game: Sports Injuries of the Foot and Ankle <i>Atlantic Health Systems</i>	2A	1.00	1.00	1.00
12/10/2021	Arrhythmias, anticoagulation, and antiplatelet therapy <i>Medscape, LLC</i> CME Rule(s): Medical Journal / Home Study Course	2B	3.00	3.00	0
12/10/2021	Lipid Management <i>Medscape, LLC</i> CME Rule(s): Medical Journal / Home Study Course	2B	2.50	2.50	0
12/10/2021	New Approaches in Device-based CV care <i>Medscape, LLC</i> CME Rule(s): Medical Journal / Home Study Course	2B	2.25	2.25	0
12/10/2021	Precision Medicine for treatment of rare diseases of cardiology <i>Medscape, LLC</i> CME Rule(s): Medical Journal / Home Study Course	2B	2.25	2.25	0
12/10/2021	The new Cardiometabolic Strategy from A to Z <i>Medscape, LLC</i> CME Rule(s): Medical Journal / Home Study Course	2B	2.75	1.00	0
12/31/2021	Cat. 1B to Cat. 1A COVID-19 Conversion* *A one-time conversion of up to fifteen (15) Category 1B credits to Category 1A. This conversion is only applicable for the 2019-2021 CME Cycle.	1A	1.75	1.75	1.75
TOTALS			122.50	120.75	105.75

Summary for Category 1

Submitted Credits	1A	1B	1A & 1B
Total	63.75	0.00	63.75

Submitted Credits without added Covid-19 credit	1A	1B	1A & 1B
Total	62.00	1.75	63.75