



## 2025 - 2027 CME Cycle

### American Osteopathic Board of Family Physicians (AOBFP)

American Osteopathic Board of Family Practice (AOBFP) diplomates with at least one active AOBFP issued certification are required to earn at least 120 CME credits. At least 30 CME must be AOA Category 1-A credit and an additional 30 CME must be AOA Category 1-A or 1-B credit.

Refer to CME proration table (<https://osteopathic.org/wp-content/uploads/CME-Proration.pdf>) if you are newly board certified or have recently reactivated your certification to determine the CME requirement for the current certification CME cycle.

Contact AOA Physician Education & CME at [cme@osteopathic.org](mailto:cme@osteopathic.org) (<mailto:cme@osteopathic.org>) for general CME-related questions. For AOBFP board certification specific questions, contact AOBFP at (312) 202-8477 or email [aobfp@osteopathic.org](mailto:aobfp@osteopathic.org) (<mailto:aobfp@osteopathic.org>). Please see the CME Details below to view how reported CME activities were applied to this requirement.

Board Requirements	Credits Required	Credits Applied	Credits Needed	Requirements Fulfilled
<i>Family Medicine (FP) - Issued: 11/05/1999 -- Active, Participating in OCC</i>				
<i>Osteopathic Manipulative Treatment-FP (OMFP) - Issued: 11/05/1999 -- Active, Participating in OCC</i>				
Total CME Requirements	120.00	45.50	74.50	No
Category 1	60.00	45.50	14.50	No
Category 1A	30.00	35.50	0.00	Yes
Category 2 (AOBFP diplomates can apply a maximum of 60 Category 2A/2B credits toward OCC requirements per 3-year-cycle)	NA	0.00	NA	NA

### American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM)

American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM) diplomates participating in the **Osteopathic Continuous Certification (OCC) process** with at least one active AOBNMM issued certification are required to earn at least 60 CME credits of which 30 credits must be AOA Category 1-A credit. At least 15 of the 30 AOA Category 1-A CME must be hands-on practical specialty credit.

**Diplomates holding a non-time-limited certification and who are not participating in OCC** must earn at least 120 CME credits of which 60 CME credits must be AOA Category 1-A credit. At least 15 of the 60 AOA Category 1-A CME must be hands-on practical specialty credit.

Refer to the CME proration table (<https://osteopathic.org/wp-content/uploads/CME-Proration.pdf>) if you are newly board certified or have recently reactivated your certification to determine the CME requirement for the current certification CME cycle.

Contact AOA Physician Education & CME at [cme@osteopathic.org](mailto:cme@osteopathic.org) (<mailto:cme@osteopathic.org>) for general CME-related questions. For AOBNMM board certification specific questions, contact AOBNMM at (312) 202-8223 or email [aobnmm@osteopathic.org](mailto:aobnmm@osteopathic.org) (<mailto:aobnmm@osteopathic.org>). Please see the CME Details below to view how reported CME activities were applied to this requirement.

At least 30 CME must be AOA Category 1-A credit and an additional 30 CME must be AOA Category 1-A or 1-B credit.

Board Requirements	Credits Required	Credits Applied	Credits Needed	Requirements Fulfilled
<i>Neuromusculoskeletal Med/OMM (NMO) - Issued: 04/24/2003 -- Active, Participating in OCC</i>				
Total CME Requirements	60.00	45.50	14.50	No

Board Requirements	Credits Required	Credits Applied	Credits Needed	Requirements Fulfilled
Category 1A	30.00	35.50	0.00	Yes

### CME Details

CREDITS REPORTED TO AOA			CREDITS SUBMITTED	CREDITS APPLIED	
Completion Date	Activity Name and CME Sponsor/Provider	Credit Type	CME	AOBFP	AOBNMM
04/26/2025	PCOM 2025 LAS OMM CME <i>Philadelphia College of Osteopathic Medicine</i>	1A	12.00	12.00	12.00
11/30/2025	AOBNMM Longitudinal Assessment <i>American Osteopathic Board of Neuromusculoskeletal Medicine</i>	1B	5.00	5.00	5.00
12/01/2025	AOBFP 2025 Longitudinal Assessment <i>American Osteopathic Board of Family Physicians</i> CME Rule(s): <a href="#">AOA OCC Component 3 Examination/Process</a>	1B	5.00	5.00	5.00
01/18/2026	OMED25 <i>Council of OMED</i>	1A	19.50	19.50	19.50
01/24/2026	2026 OMM CME <i>Philadelphia College of Osteopathic Medicine</i>	1A	4.00	4.00	4.00
<b>TOTALS</b>			<b>45.50</b>	<b>45.50</b>	<b>45.50</b>

### Summary for Category 1

Submitted Credits	1A	1B	1A & 1B
Total	35.50	10.00	45.50